

## Statement on “Alternative Medication”

SA Heart® does not endorse the use of “alternative” medications to treat serious cardiovascular conditions like hypertension, hypercholesterolaemia, coronary artery disease, and heart failure. These alternative medications are unregulated by a government agency, have no accepted proof of efficacy and may prevent a patient from seeking and taking proven medication for these conditions. No nutraceutical/vitamin/mineral has been shown to improve survival in any cardiovascular condition.