



### SOUTH AFRICAN SOCIETY OF CARDIOVASCULAR INTERVENTION

It is my pleasure to report back on a busy and exciting few months since our last SASCI update.

Our first major meeting of 2008 was the 4th Annual Fellows Workshop, which was held at Panorama Hospital in Cape Town on 1 March. The meeting was attended by 20 registrars and junior consultants in training at Academic Hospitals and Universities throughout South Africa. The program consisted of live cases and a series of lectures given by local faculty (Drs G Cassel, T Mabin, C Corbett, F Hellig, J du Toit and A Horak). I would like to thank Clive Corbett as the program director, the faculty and Medi-Clinic staff for their exceptional contribution towards furthering the knowledge of our trainees. In addition, our corporate supporters must be recognized for their financial contribution, without which the program would not be possible.

The opportunity was also used during the Fellows Workshop to announce the recipient of the 2008 RC Fraser Traveling Bursary (doctors in training receive a sponsorship to go overseas to a prestigious unit in the UK). Dr Ashley Chin was the recipient and the award was made by Dr Tom Mabin in the presence of the Fraser Family (represented by the late Prof Fraser's spouse and children) and Winston Smith (Boston Scientific as corporate sponsor).

On the International front I am proud to report that SASCI had an exceptional Euro-PCR congress in Barcelona (13 to 16 May 2008). During a Case Review Session on 14 May six South Africans (Drs G Cassel as chair, T Mabin,



The Fellows Workshop

## POPULAR CONGRESSES FOR 2008/2009

CONGRESS	DATE	CITY	COUNTRY
CONTROVERCIES IN CARDIOVASCULAR DISEASE	3-6 July 2008	Berlin	Germany
INTEGRATED BIOMARKERS IN CVD	9-11 July	Seattle, WA	USA
HEART FAILURE 2008	17-20 July 2008	Amelia Island, FL	USA
17TH INTERNATIONAL CARDIOVASCULAR SYMPOSIUM	12-14 August 2008	Venice	Italy
ESC CONGRESS 2008	30 August - 3 September 2008	Munich	Germany
ACUTE CARDIAC CARE 2008	11-14 October 2008	Versailles	France
TCT 2008	12-17 October 2008	Washington, DC	USA
CHEST 2008	25-30 October 2008	Miami Beach, FL	USA
6TH INTERNATIONAL ATHEROSCLEROSIS SYMPOSIUM	22-25 October 2008	Venice (Lido)	Italy
AHA SCIENTIFIC SESSIONS 2008	8-12 November 2008	New Orleans, LA	USA
<b>SAHA Congress 2008</b>	<b>2-5 November 2008</b>	<b>Wild Coast Sun KwaZulu-Natal</b>	<b>South Africa</b>
EURO ECHO 2008	10-13 December 2008	Lyon	France
CARDIOLOGY UPDATE	15-20 February 2009	Davos	Switzerland
CARDIO RHYTHM	20-22 February 2009	Hong Kong	China
EUROPEAN MEETING ON HYPERTENSION	18-23 June 2009	Oslo	Norway
EUROPACE	21-24 June 2009	Berlin	Germany
ACC 2009	28-31 March 2009	Orlando, FL	USA



Well, 2008 is well and truly underway with some programs coming to fruition and others being advanced.

The HeFSSA Exco recently had a dinner meeting to say goodbye to Olaf Forster and to thank him for his stellar contribution to HeFSSA during the past number of years. Olaf was both HeFSSA treasurer and a director of the section 21 company. I would once again like to thank Olaf for his contribution to HeFSSA during the formative years and wish him all the best for his endeavours in Kenya. It is with gratitude that I welcome Martin Mpe in his new role as treasurer (and director); thank you for the willingness to take on the additional responsibility.

HeFSSA will, in keeping with the academic commitment

of the society, continue to offer appropriate training opportunities to members.

As always the HeFSSA website ([www.hefssa.org](http://www.hefssa.org)) will be regularly updated, and a featured aspect highlighting living with heart failure was introduced in 2007 and will continue in 2008.

HeFSSA is the principal SA Heart Special Interest Group responsible for organizing the 2009 SA Heart Congress. This is a major undertaking and we are grateful for those members who committed to be part of the Organizing Committee (Prof K Sliwa as chair, Drs Chris Hugo-Hamman, E Klug, K O'Connell, M Makotoko, C Radulescu and D Smith as well as G Nel). Representatives from other Special Interest Groups and Industry will be invited to join.

#### HeFSSA Executive

Our 2nd annual echocardiography course was held on 14 and 15 March 2008 in Johannesburg and was attended by 36 delegates from across South Africa and even a delegate from Kenya.

The delegate feedback was extremely positive with all aspects of the program receiving a good to excellent rating. Delegates once again reinforced that these programs are needed in South Africa.



Echo Delegates

Our thanks goes to Dr Shirley Middlemost (chairperson), Dr Darryl Smith and Dr. Cristina Radulescu for their extensive preparation and excellent lectures. Well done!

HeFSSA would like to thank our corporate supporters (GE, Pfizer, Medtronic and Pharmadynamics) for making it possible for 20 delegates (those still in training) to attend free of charge.

The next course will be offered on 2 November 2008 (during the SA Heart Congress at the Wild Coast Sun).  
**Please contact George Nel at 083 458 5954 or [info@hefssa.org](mailto:info@hefssa.org) if you are interested in attending.**

SOUTH AFRICAN SOCIETY OF CARDIOVASCULAR INTERVENTION *continued*

M Abelson, S Khan, C Badenhorst and A Horak) presented three interesting cases with well researched data from recent cardio literature. The following day during *Learning the techniques* with Jean Fajadet, four live cases were expertly performed by Dr F Hellig, ably assisted by Dr Joe McKibben and the team at Netcare Sunninghill. The session was chaired by Dr Tom Mabin in the morning and Dr Graham Cassel in the afternoon, linking the SA cath lab with the jam-packed audience in Barcelona. Both sessions were well received by the Euro-PCR organizing committee and international attendees and praise has been showered on all those involved, specifically Dr Hellig and his team. Well done to all you South Africans! You have done your country proud!



Case Review Session Faculty

It is exciting that SA Heart Association is planning to start the national roll-out the Catheterisation Lab Registry from mid-June 2008. Elizabeth Schaafsma will contact individual units to co-ordinate and structure implementation. We are hoping that this important initiative will yield excellent data for research and clinical practice in the near future. Please assist Elizabeth as best you can to ensure that interventional cardiologists remain at the forefront.

A weekend workshop sponsored by Medtronic SA and endorsed by SASCI will take place from 27 to 29 of June. The meeting was designed specifically for cath lab and ICU nurses, radiographers and technicians. This is SASCI's first involvement in an educational meeting designed for paramedical staff with many members of the cardio community as part of the faculty. We look forward to an exciting and successful weekend, hopefully the first of many successful ventures.

As part of the annual SA Heart Congress 2008 to be held at the Wild Coast Sun, an all-day SASCI Satellite Workshop is planned. Prof Martyn Thomas, a prominent cardiologist from the UK, will be our international guest lecturer together with an impressive local faculty.

My executive recently had a very fruitful meeting with Discovery Health to discuss areas of common interest and collaboration that would ultimately benefit the patient. An Advisor Board consisting of SASCI, SAHA members and the medical team from Discovery will meet in the near future and hope to resolve many contentious issues.

I would like to thank my Executive for their continued effort and personal sacrifice to further our chosen field.

**DR GRAHAM CASSEL**

President



**SASCI**

South African  
Society of  
cardiovascular  
intervention

## TRAVEL SCHOLARSHIPS OF THE SOUTH AFRICAN HEART ASSOCIATION

This scholarship is available to all its members and associate members. It is primarily intended to assist junior colleagues to ensure continued participation in local or international scientific meetings or workshops.

### REQUIREMENTS

- Applicants must be fully paid-up members/associate members in good standing for at least two years
- Applications must include
  - full details of the meeting/workshop
  - an abbreviated CV of the applicant
  - a breakdown of the expected expenses
- Applications must reach the Association a minimum of 3 months before the event to be attended

### RECOMMENDATIONS

- Acceptance of an abstract at the scientific meeting to be attended
- Invitation to participate at the meeting as an invited speaker
- Publications in a peer reviewed journal in the preceding year
- Applicants from a previously disadvantaged community
- Applicants younger than 35 years of age

### APPLICATIONS MUST BE ADDRESSED TO

The President  
South African Heart Association  
P.O. Box 19062  
Tygerberg  
7505

### THE SELECTION PANEL WILL REVIEW APPLICATIONS TWICE A YEAR. THE CLOSING DATES FOR APPLICATIONS ARE

- March 31
- September 30

**A MAXIMUM OF FOUR SCHOLARSHIPS WILL BE AWARDED ANNUALLY  
UP TO AN AMOUNT OF R10 000 PER SCHOLARSHIP.**

## LOUIS VOGELPOEL TRAVELING SCHOLARSHIP

Applications are invited for the first annual Louis Vogelpoel Traveling Scholarship.

An amount of up to R15 000 towards the travel and accommodation costs of a local or international congress will be offered annually by the Cape Western branch of the South African Heart Association in memory of one of South Africa's outstanding cardiologists, Dr Louis Vogelpoel.

Louis Vogelpoel was a pioneer of cardiology in South Africa, who died in April 2005. He was one of the founding members of the Cardiac Clinic at Groote Schuur Hospital and University of Cape Town. He had an exceptional career over more than 5 decades as a distinguished general physician, cardiologist and horticultural scientist. His commitment to patient care, teaching and personal education is remembered by his many students, colleagues and patients. Medical students, house officers, registrars and consultants benefited from exposure to his unique blend of clinical expertise, extensive knowledge, enthusiasm and gracious style.

A gifted and enthusiastic teacher, he was instrumental in the training of generations of undergraduates by regular bedside tutorials. He served as an outstanding role model for postgraduates and many who have achieved prominence nationally and internationally acknowledged his contribution to the development of their careers.

The scholarship will be awarded for the first time in 2007 after all applications have been received and reviewed by the executive committee of the Cape Western branch of the South African Heart Association. Preference will be given to practitioners or researchers in the field of cardiovascular medicine who are members of the South African Heart Association and are resident in the Western Cape.

Applications should include 1) a brief resumé of the work the applicant wishes to present at the congress and 2) a brief letter of what the applicant hopes to gain by attending the relevant congress. The applicant should submit an abstract for presentation at the relevant national or international meeting. Should such an abstract not be accepted by the relevant congress organizing committee, the applicant will forfeit his or her sponsorship towards the congress. (Application can, however, be made well in advance of the relevant congress but will only be awarded on acceptance of the abstract.) A written report on the relevant congress attended will need to be submitted by the successful applicant within six weeks of attending the congress. The congress report will be published in the South African Heart Association Newsletter.

Applications should be sent to Prof Johan Brink, President of the Cape Western branch of the South African Heart Association, Chris Barnard Division of Cardiothoracic Surgery, Cape Heart Centre, Faculty of Health Sciences, University of Cape Town, Anzio Road, Observatory 7925 or alternatively e-mail: [johan.brink@uct.ac.za](mailto:johan.brink@uct.ac.za)

Applications close on 31 January every year.

## THE SOUTH AFRICAN HEART ASSOCIATION RESEARCH SCHOLARSHIP

This scholarship is available to all its members and associate members. It is primarily intended to assist colleagues involved in outstanding research to enhance their research programs.

### REQUIREMENTS

- Applicants must be fully paid-up members/associate members in good standing for at least two years
- Applications must include
  - an abbreviated CV of the applicant
  - a breakdown of the expected expenses

### RECOMMENDATIONS

- Acceptance of an abstract of related work at an international meeting in the next year
- Publications of related work in a peer reviewed journal in the preceding year
- Applicants from a previously disadvantaged community
- Applicants younger than 35 years of age

### APPLICATIONS MUST BE ADDRESSED TO

Education Standing Committee  
South African Heart Association  
P.O. Box 19062  
Tygerberg  
7505

THE SELECTION PANEL WILL REVIEW APPLICATIONS ONCE A YEAR. THE CLOSING DATE FOR APPLICATIONS IS SEPTEMBER 30 EACH YEAR

One scholarship will be awarded annually. The award is for an amount of up to R50 000.

APPLICATIONS WILL BE ASSESSED ACCORDING TO THE RESEARCH PROTOCOL ACCOMPANYING THE APPLICATION. THIS SHOULD INCLUDE:

- a) Abstract (maximum 200 words)
- b) Brief review of the literature (maximum 200 words)
- c) Brief description of the hypothesis to be investigated (maximum 100 words)
- d) Detailed methodology (maximum 500 words)
- e) References

# 9TH ANNUAL CONGRESS OF THE SOUTH AFRICAN HEART ASSOCIATION “WILD AT HEART IN AFRICA”



2 - 5 NOVEMBER 2008  
WILD COAST SUN, EASTERN CAPE, SOUTH AFRICA

FOR FURTHER INFORMATION, PLEASE VISIT THE WEBSITE  
[WWW.SAHEART.CO.ZA](http://WWW.SAHEART.CO.ZA)  
OR CONTACT THE CONGRESS SECRETARIAT:

LONDOCOR PUBLIC RELATIONS & EVENT MANAGEMENT  
SONJA DU PLESSIS: TEL: +27 11 768 4355  
FAX: +27 11 768 1174  
E-MAIL: [sonja@londocor.co.za](mailto:sonja@londocor.co.za)



## INVITED INTERNATIONAL SPEAKERS/ FACULTY

**Dr David Baron (United Kingdom)**  
Paediatric cardiac surgeon

**Dr Wyn Davies (United Kingdom)**  
Adult cardiologist

**Dr Eric Jamieson (Canada)**  
Cardio thoracic surgeon

**Dr Jonathan Lessick (Israel)**  
Adult cardiologist

**Dr Ana Olga Mocumbi (Mozambique)**  
Adult cardiologist

**Dr Vuyisele Nkomo (United States of America)**  
Adult cardiologist

**Dr Srinath Reddy (India)**  
Adult cardiologist

**Prof Peter Schwartz (Italy)**  
Adult cardiologist

**Dr Daniel Sidi (France)**  
Paediatric cardiologist

**Prof Martyn Thomas (United Kingdom)**  
Adult cardiologist

**Dr Sarah Thorne (United Kingdom)**  
Adult cardiologist

**Dr Pascal Vouhe (France)**  
Paediatric cardiac surgeon

**Prof Derek Yellon (United Kingdom)**  
Adult cardiologist

**Prof Salim Yusuf (Canada)**  
Adult cardiologist

