AGENDA

Welcome and Apologies

Minutes from AGM 2014

President’s Report

Treasurer’s Report

SA Heart committees & projects overview

Special Interest Groups & Regional Branches Overview

Nomination and Elections

General
PRESIDENT REPORT
Prof. Karen Sliwa
SA HEART NATIONAL COUNCIL:
Met 3 times: 12 Feb / 31 July / 24 October 2015

Prof Karen Sliwa (SA Heart president), Dr Adriaan Snyders (SA Heart immediate prast president & Editor, SA Heart Newsletter), Dr David Jankelow (SA Heart Vice President & President: Johannesburg branch), Prof Francis Smit (SA Heart treasurer), Dr Robbie Kleinloog (SA Heart Secretary & President surgical interest group), Prof Andrew Sarkin (Chair: Fulltime Salaried committee), Dr Martin Mpe (Chair: education committee), Dr Jean Paul Theron (Chair: Private Practice Committee), Dr Les Osrin (Chair: Ethics and Guidelines Committee), Prof Mpiko Ntsekhe (Chair: SHARE registry), Prof Anton Doubell (Editor, SA Heart Journal) Dr Liesl Zühlke (President: PCSSA), Dr Paul Adams (Vice President, PCSSA), Prof Sandrine Lecour (President: SASCAR), Dr Eric Klug (President: HefSSA), Dr Andrew Thornton (President: CASSA), Dr Sajidah Khan (President, KZN Branch), Dr David Kettles (President: SASCI), Mrs Dianne Kerrigan (President: ISCAP), Dr Ifitikhar Ebrahim (President: Pretoria branch), Dr Nico van der Merwe (President: Bloemfontein branch), Prof David Marais (President: LASSA), Prof Rafique Essop (President: CISSA)
SA HEART ON THE GO SURVEY

Which activities do you think SA Heart is involved in RIGHT NOW?

<table>
<thead>
<tr>
<th>Activity</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organizing Congress</td>
<td>94%</td>
</tr>
<tr>
<td>Lectures for CPD</td>
<td>80%</td>
</tr>
<tr>
<td>Publishing SA research</td>
<td>63%</td>
</tr>
<tr>
<td>Research scholarships</td>
<td>56%</td>
</tr>
<tr>
<td>Travel scholarships for congresses</td>
<td>54%</td>
</tr>
<tr>
<td>Online journals made available</td>
<td>53%</td>
</tr>
<tr>
<td>Reviewing coding with SAMA</td>
<td>43%</td>
</tr>
<tr>
<td>Project based research (e.g. Share)</td>
<td>36%</td>
</tr>
<tr>
<td>Resolving billing issues with funders</td>
<td>36%</td>
</tr>
<tr>
<td>NOT SURE what SA heart does!</td>
<td>12%</td>
</tr>
<tr>
<td>Product &amp; food endorsements</td>
<td>21%</td>
</tr>
<tr>
<td>Log books for fellowship exams</td>
<td>23%</td>
</tr>
<tr>
<td>Accreditation for special procedures</td>
<td>45%</td>
</tr>
<tr>
<td>Reviewing care standards against International benchmarks</td>
<td>47%</td>
</tr>
<tr>
<td>Promoting heart care to public</td>
<td>54%</td>
</tr>
</tbody>
</table>

- Organising Annual Academic Conferences
- Organising Educational Activities
- Publishing Cardiac Research
- Offering Scholarships
- Offering Travel
- Promoting Heart Care to the Public
- Making Online Scientific Content
- Reviewing Practices
- Providing Accreditation
- Reviewing and Modifying Standards
- Resolving Billing Issues
- Project Based Research
- Endorsing Products
- I am not sure what SA Heart does!
SA HEART ON THE GO SURVEY 1

Aim: Poll membership on perception and expectations

Good participation from all member categories (22%)

Survey results:

- SA Heart’s current roles not well understood and members are not aware of certain member benefits
- Members are failing to receive, absorb or register the contents of communiques
- SAHeart website is visited only rarely, by nearly 44% of respondents
- Three quarters of members would welcome opportunities to be involved in SA Heart tasks or duties related to their field of expertise
- SIGS only capturing 27% of members actively, but members are aware of SIGS’ roles and activities
- Regional Branches actively involve 32% of members
SA HEART ON THE GO SURVEY 2

From the wish lists: SA Heart should be involved/spend money on:

- Higher media profile / statements on contentious topics
- **Education** – both for public and for members on all levels, incl. accreditation of certain skills and online learning/CPD activities
- Assertively tackle **Funders** on issues related to provision of care
- Play a role in ensuring more **equitable sponsorship** to meetings
- Invest in local **research**, also information dissemination of CVD research
- Provide **guidelines and protocols**
- Access to **online Journals**

Detailed information of the survey results available on website
SA HEART ON THE GO SURVEY 3

National Council Discussion and response based on survey:

- Due to **time constraints** of all members on National Council not all issues can be tackled simultaneously. Volunteers – especially for media requests and presence - to please contact SA Heart Office

- SA Heart /SASCI and STEMI project will ensure **visibility and media presence** in particular September Heart month and follow up with messages of the month through the year

- **Public education** felt to be **sufficiently addressed** through Heart and Stroke Foundation/excellent websites already available, as well as initiatives like STEMI, MySTROKE, **not necessarily mandate of SA Heart**

- Private Practice Committee and others continuously in **communication with Funders** resolving queries, involved with billing and coding issues

- SA Heart in **communication with industry** around restructuring support for congress attendance.
OTHER NATIONAL COUNCIL AND SA HEART INITIATIVES

Strengthened ties with Department of Health Essential Drug List department for future collaboration and input on different levels

Allied Professionals now also represented on National Council
Cardiology-Cardiothoracic sub-specialty training in South Africa

A position paper of the South Africa Heart Association

Karen Sliwa, MD, PhD; Liesl Zühlke MD, MPH; Robert Kleinloog; Anton Doubell; Iftikhar Ebrahim; Mohammed Essop; Farrel Hellig; David Jankelow; Sajidah Khan; Eric Klug; Sandrine Lecour; David Marais; Martin Mpe; Mpiko Ntsekhe; Les Osrin; Francis Smit; Adriaan Snyders; Jean Paul Theron; Andrew Thornton; Nico van der Merwe; Erika Dau; Andrew Sarkin

Table: Number of Cardiologists, Paediatric Cardiologists and Cardio-Thoracic surgeons qualified in South Africa between 2003 and 2014

Cardiologists, Paediatric Cardiologists and Cardio-Thoracic surgeons qualified per annum

- Adult
- Paediatric
- Surgical
OTHER NATIONAL COUNCIL AND SA HEART INITIATIVES

SA Heart web portal and cloud based member management system:

- Facilitates invoicing and accounting, membership management issues for SA Heart Office
- Members access and edit own member profile, access own account section, access closed SA Heart Forum/Knowledge Share
- Incorporated into Webpage and continuously updated with information
SA HEART NON PROFIT COMPANY (NPC) 1

90.9% percent of members voted in favour of the change

Why Change?

1. Association’s members carry liability – Members in NPC not

2. NPC governed by Companies Act 2008 - Association has no law

3. NPC more credibility

4. Board members has fiduciary duty – National executive not that clear in law
SA HEART NPC 2

Major changes

1. Name change – SA Heart (Association) NPC
2. Constitution substituted by Memorandum of Incorporation (MOI)
3. Objectives the same
4. Members same
5. MOI alterations governed by Comp Act sect 16,17 – special res
6. Distinction between Board and Exco– rest of organisation same
7. General assembly and Annual Congress the same
8. SOP on congress now in MOI
9. Finances and administration separate par 7
10. Standing committees the same
11. Affiliations, SIG and branches the same
SA HEART NPC 3

Board of Directors

• National President of National Executive = ex officio member

• Treasurer of National Executive = ex officio member

• Three members elected annually by members

• Majority of Board non exec (not employed)

• Members of National Executive may sit on Board
SA HEART NPC 4

Board of Directors purpose

• Daily administration of the company
• Keep accounts, collect subscriptions and prepare financial report and budgets for AGM

• Promote the objectives of company

• Act as spokesperson of the company

• Shall preside and organise the Annual General Assembly and Annual congress in terms of the SOP

• Give strategic guidance to the Board
SA HEART NPC 6

Transitional arrangement

• Register for Tax and tax free status
• Close previous bank account
• Open new bank account
• Effective date 1 March 2016
• Will have both entities for five months
• Open new set of books
• Register directors and new MOI (if needed) with CIPC
OTHER INVOLVEMENT AS PRESIDENT

■ SA Heart **congress committee**
  - On congress committee for congress 2015 and 2016
  - Tender process for PCO for 2017 and 2018
  - Consultation around World Congress of Internal Medicine 2018

■ Representing SA Heart in the **European Cardiac Society Global Affairs committee**

■ Board member of the **Pan African Cardiac Society** creating a strong link with other African cardiac societies
SA HEART AND EUROPEAN SOCIETY OF CARDIOLOGY (ESC) INTENSIFIED ENGAGEMENT:

- ESC – SA Heart joint session
- Active participation of the ESC at our national congress
<table>
<thead>
<tr>
<th>Description</th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advertising</td>
<td>(1 199)</td>
<td>(818)</td>
</tr>
<tr>
<td>Archiving and storage</td>
<td>(1 937)</td>
<td>(1 776)</td>
</tr>
<tr>
<td>Auditors remuneration</td>
<td>(15 875)</td>
<td>(23 075)</td>
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<tr>
<td>Bad debts</td>
<td>(59 908)</td>
<td>(32 569)</td>
</tr>
<tr>
<td>Bank charges</td>
<td>(5 220)</td>
<td>(7 094)</td>
</tr>
<tr>
<td>Computer expenses</td>
<td>(4 089)</td>
<td>(3 049)</td>
</tr>
<tr>
<td>Depreciation</td>
<td>(7 188)</td>
<td>(4 785)</td>
</tr>
<tr>
<td>Early Reperfusion Project</td>
<td></td>
<td>(10 046)</td>
</tr>
<tr>
<td>eLibrary project</td>
<td>(408 446)</td>
<td>(22 576)</td>
</tr>
<tr>
<td>Employee costs</td>
<td>(334 921)</td>
<td>(316 694)</td>
</tr>
<tr>
<td>Gifts and flowers</td>
<td>(4 928)</td>
<td>-</td>
</tr>
<tr>
<td>Lecture series</td>
<td>(2 020)</td>
<td>(41 968)</td>
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<tr>
<td>Legal expenses</td>
<td>(30 000)</td>
<td>(12 500)</td>
</tr>
<tr>
<td>Loss on exchange differences</td>
<td>(11 789)</td>
<td>(13 224)</td>
</tr>
<tr>
<td>Meeting expenses</td>
<td>(10 807)</td>
<td>(46 972)</td>
</tr>
<tr>
<td>Postage</td>
<td>(2 995)</td>
<td>(3 181)</td>
</tr>
<tr>
<td>Printing and stationery</td>
<td>(1 862)</td>
<td>(5 087)</td>
</tr>
<tr>
<td>SA Heart journal</td>
<td>(266 424)</td>
<td>(195 235)</td>
</tr>
<tr>
<td>SAPPF</td>
<td>(4 401)</td>
<td>-</td>
</tr>
<tr>
<td>SHARE expenses</td>
<td></td>
<td>(608 726)</td>
</tr>
<tr>
<td>Subscriptions</td>
<td>(22 995)</td>
<td>(18 639)</td>
</tr>
<tr>
<td>Telephone and fax</td>
<td>(11 172)</td>
<td>(13 743)</td>
</tr>
<tr>
<td>Travel - local</td>
<td>(34 776)</td>
<td>(33 999)</td>
</tr>
<tr>
<td>Travel - overseas (comprises ESC 2014 &amp; 2015 expenses)</td>
<td>(39 292)</td>
<td>(22 497)</td>
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<tr>
<td>Travel - scholarship</td>
<td>(36 200)</td>
<td>(80 000)</td>
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<tr>
<td>Website expenses</td>
<td>(18 092)</td>
<td>(29 640)</td>
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<tr>
<td><strong>Total</strong></td>
<td>(1 945 262)</td>
<td>(1 452 027)</td>
</tr>
<tr>
<td>Cost Category</td>
<td>2015</td>
<td>2014</td>
</tr>
<tr>
<td>-------------------------------------</td>
<td>--------</td>
<td>--------</td>
</tr>
<tr>
<td>Advertising</td>
<td>1 200</td>
<td>-</td>
</tr>
<tr>
<td>CMD project</td>
<td>88 330</td>
<td>-</td>
</tr>
<tr>
<td>Data handling / development</td>
<td>-</td>
<td>20 300</td>
</tr>
<tr>
<td>eMD - development / hosting</td>
<td>15 000</td>
<td>94 001</td>
</tr>
<tr>
<td>Employee costs</td>
<td>359 072</td>
<td>304 785</td>
</tr>
<tr>
<td>Legal expenses</td>
<td>600</td>
<td>-</td>
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<td>MSM management fees</td>
<td>-</td>
<td>60 000</td>
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<tr>
<td>Office expenses</td>
<td>11 568</td>
<td>207</td>
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<tr>
<td>TAVI project</td>
<td>88 122</td>
<td>-</td>
</tr>
<tr>
<td>Telephone and fax</td>
<td>16 646</td>
<td>16 407</td>
</tr>
<tr>
<td>Travel and accomodation</td>
<td>28 189</td>
<td>17 162</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>608 727</td>
<td>512 862</td>
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Revenue

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013 World PAED Congress</td>
<td>-</td>
<td>1 500 000</td>
</tr>
<tr>
<td>Administrative and mailing services</td>
<td>12 983</td>
<td>11 792</td>
</tr>
<tr>
<td>Advertising income</td>
<td>28 000</td>
<td>28 000</td>
</tr>
<tr>
<td>Congress income</td>
<td>13 5 958 185</td>
<td>-</td>
</tr>
<tr>
<td>Donations - SHARE</td>
<td>884 153</td>
<td>-</td>
</tr>
<tr>
<td>Donations - other</td>
<td>14 147 092</td>
<td>415 700</td>
</tr>
<tr>
<td>eLibrary subscription fees</td>
<td>58 125</td>
<td>39 000</td>
</tr>
<tr>
<td>Membership subscriptions</td>
<td>387 149</td>
<td>363 712</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>7 475 687</strong></td>
<td><strong>2 358 204</strong></td>
</tr>
</tbody>
</table>

14. Donations - other

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiology update</td>
<td>-</td>
<td>12 000</td>
</tr>
<tr>
<td>eLibrary Project</td>
<td>100 000</td>
<td>200 000</td>
</tr>
<tr>
<td>ESC Young Fellow Sponsorship</td>
<td>-</td>
<td>25 000</td>
</tr>
<tr>
<td>Medscheme Forum</td>
<td>-</td>
<td>27 000</td>
</tr>
<tr>
<td>SA Heart AF Lecture Series</td>
<td>7 092</td>
<td>67 200</td>
</tr>
<tr>
<td>Scholarship support</td>
<td>40 000</td>
<td>84 500</td>
</tr>
<tr>
<td><strong>Total Donations - other</strong></td>
<td><strong>147 092</strong></td>
<td><strong>415 700</strong></td>
</tr>
</tbody>
</table>

THANK YOU TO ALL SUPPORTING INDUSTRY!
<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenue</td>
<td>7 475 687</td>
<td>2 358 204</td>
</tr>
<tr>
<td>Congress expenses</td>
<td>(4 802 912)</td>
<td>(237 408)</td>
</tr>
<tr>
<td><strong>Gross profit</strong></td>
<td>2 672 775</td>
<td>2 120 796</td>
</tr>
<tr>
<td>Operating expenses</td>
<td>(1 945 262)</td>
<td>(1 452 027)</td>
</tr>
<tr>
<td><strong>Operating profit</strong></td>
<td>727 513</td>
<td>668 769</td>
</tr>
<tr>
<td>Investment revenue</td>
<td>92 667</td>
<td>84 941</td>
</tr>
<tr>
<td>Finance costs</td>
<td>(13)</td>
<td>(48)</td>
</tr>
<tr>
<td><strong>Profit before taxation</strong></td>
<td>820 167</td>
<td>753 662</td>
</tr>
<tr>
<td>Taxation</td>
<td>(229 647)</td>
<td>(212 033)</td>
</tr>
<tr>
<td><strong>Profit for the year</strong></td>
<td>590 520</td>
<td>541 629</td>
</tr>
</tbody>
</table>
### Assets

#### Non-Current Assets

#### Current Assets
- Cash and cash equivalents: 3,826,446 (2015), 2,814,468 (2014)

**Total Assets:**

### Equity and Liabilities

#### Equity

#### Liabilities

#### Current Liabilities
- Bank overdraft: - (2015), 1,834 (2014)

**Total Current Liabilities:**
- 1,463,207 (2015), 487,328 (2014)

**Total Equity and Liabilities:**
## PROGNOSIS BOOK YEARS 2016 & 2017

<table>
<thead>
<tr>
<th>Budget</th>
<th>Book year 2016</th>
<th>Book year 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Membership fees</td>
<td>R330,000.00</td>
<td>R350,000.00</td>
</tr>
<tr>
<td>Admin fees sigs/branches</td>
<td>R12,500.00</td>
<td>R14,000.00</td>
</tr>
<tr>
<td>Hypertension Lecture series</td>
<td>R30,000.00</td>
<td></td>
</tr>
<tr>
<td>Interest received</td>
<td>R60,000.00</td>
<td>R40,000.00</td>
</tr>
<tr>
<td>Journal Advertising</td>
<td>R28,000.00</td>
<td>R0.00</td>
</tr>
<tr>
<td><strong>Total expected income</strong></td>
<td>R460,500.00</td>
<td>R404,000.00</td>
</tr>
</tbody>
</table>

Not considering SHARE or Congress income or specific directly sponsored projects
# PROGNOSIS BOOK YEARS 2016 & 2017

<table>
<thead>
<tr>
<th>Expenses (Budget)</th>
<th>2016</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee costs</td>
<td>R354,000.00</td>
<td>R373,000.00</td>
</tr>
<tr>
<td>Office related expenses</td>
<td>R30,000.00</td>
<td>R38,000.00</td>
</tr>
<tr>
<td>Marketing</td>
<td>R16,400.00</td>
<td>R26,000.00</td>
</tr>
<tr>
<td>Website</td>
<td>R114,000.00</td>
<td>R98,000.00</td>
</tr>
<tr>
<td>Bank Charges</td>
<td>R6,540.00</td>
<td>R8,250.00</td>
</tr>
<tr>
<td>Auditors</td>
<td>R20,000.00</td>
<td>R25,000.00</td>
</tr>
<tr>
<td>Consultants &amp; Legal</td>
<td>R75,000.00</td>
<td>R35,000.00</td>
</tr>
<tr>
<td>WHF &amp; Pascar membership</td>
<td>R24,600.00</td>
<td>R39,000.00</td>
</tr>
<tr>
<td>Travel, accommodation, meetings</td>
<td>R135,000.00</td>
<td>R250,000.00</td>
</tr>
<tr>
<td>SA Heart Journal</td>
<td>R335,000.00</td>
<td>R400,000.00</td>
</tr>
<tr>
<td>Booklet cardiology</td>
<td>R75,000.00</td>
<td></td>
</tr>
<tr>
<td>Travel / Research Scholarships</td>
<td>R130,000.00</td>
<td>R130,000.00</td>
</tr>
<tr>
<td>Congress startup 2016/7</td>
<td>R300,000.00</td>
<td>R150,000.00</td>
</tr>
<tr>
<td>Provision for unplanned/new</td>
<td>R60,000.00</td>
<td>R80,000.00</td>
</tr>
<tr>
<td>Income tax</td>
<td>R560,000.00</td>
<td>R220,000.00</td>
</tr>
<tr>
<td>Total Expenses</td>
<td>R2,235,540.00</td>
<td>R1,872,250.00</td>
</tr>
</tbody>
</table>
COMMITTEES and PROJECTS REPORTS

Presented by Prof. Karen Sliwa
SA Heart Education Committee

Chair: Martin Mpe  Members: Anthony Becker, Mpiko Ntskehe, Ashley Chin, Tom Mabin, Johan Brink, Liesl Zühlke

- Educational programmes for non-Cardiologists
  - Atrial fibrillation
  - Hypertension Roadshow in collaboration with SA Hypertension Society – Lessons learned.

- Future projects – What can be improved?
SA Heart Ethics & Guidelines Committee

Chair: Les Osrin  Members: Cobus Badenhorst, Mpiko Ntsekhe, Andrew Thornton, John Lawrenson, Karen Sliwa, James Fulton

Key activities October 2014 – October 2015

• Incorporation of ESC Guidelines confirmed by National Exco
  • If SA perspective required - addressed by the committee on request

• Endorsement contract has been completed

• Request from Discovery for comment on Transmyocardial Laser Revascularization referred to Society of Cardiothoracic Surgeons. Has been discussed and will be wrapped up soon.
SA Heart Fulltime Salaried Committee

Chair: Andrew Sarkin  Members: Riaz Dawood, Sajidah Khan, Blanche Cupido, Ashley Chin, Elias Zigiriadis, Johan Jordaan, Paul Adams

• **Strengthening academic departments** – This remains a priority from all aspects including the training of cardiologists, service delivery and research. The committee has looked at ways to assist particularly in relation to equipment and disposables and that common ground between the departments may be found.

• **Training** – The various challenges facing training is being looked at by the committee, including posts within the academic departments, salary differentials between the private and public sectors and training with the private sector.

• **Public / private partnerships** – Increasingly training departments are having to rely on outside support as university & government funding and equipment drop.
SA Heart Fulltime Salaried Committee 2

- **Booklet** – aimed at GP’s, district and secondary level hospitals covering the main cardiac diseases taking into account current pragmatic therapies, from both a cardiac and a cardiothoracic point of view.

- **Essential Drug List** – engaged with DOH & raised concerns going forward that dialogue is critical.

- **ESC and SA Heart** – interactive session at the ESC on HIV & the heart at which Andrew Sarkin spoke on HIV in Sub-Saharan Africa.
1. Echocardiography
   - Non-payment code 3625 (echocardiography – Doppler)
     - Momentum Health – resolved
     - Medscheme medical funds – resolved
     - Still need to engage Metropolitan Health Group funds
     - GEMS
   - CISSA Echocardiography training program
     - Accreditation: emergency physicians, cardiac anaesthesia, rural specialist physicians and GPs
     - Large undertaking and will require active involvement of academia, CISSA and the College of Physicians
2. Health Care Enquiry

- The Competition Commission of South Africa is conducting a market inquiry in the private health care sector in terms of Chapter 4A of the Competition Act, 89 of 1998 (as amended)

- There has been no official response from SA Heart or SASCI although industry, SAMA and hospital groups have responded

- The Commission is in the process of reviewing its current time frames
3. Discovery Coronary Care Program

• Voluntary initiative launched by Discovery in 2015
• The purpose is to lower costs by utilizing outpatient coronary CT
• SASCI’s role
  Endorses program
  Undertakes to provide peer review
• Cardiologists who are part of the program have to:
  Be or become SASCI members
  Agree to the peer review process
• All cardiologists are invited to join the program by Discovery
4. Transcatheter Aortic Valve Replacement

- Currently there are two main problems:
  - Global fee is too low
  - There are no TAVI specific codes in the Medical Doctors Coding Manual (2015)

  - SA PPC and SASCI will consider a submission for new TAVI specific codes based on the CCSA 2015 but adapted as required
  - In private practice the main limiting factor for TAVR is the prohibitively high cost of the valve
5. SACSI Sponsored Coding Guideline

- This was released in 2015 but remains a work in progress
- Purpose of the guideline is to standardize coding amongst cardiologists
- We urgently need feedback from cardiologists
- We also urgently need members willing to work on the document
- SACSI appointment of Mr. J. Botha to help with specific coding issues
- Discovery coding meeting 21st August 2015 – Discovery disagrees with SACSI regarding many coding practices
- CSSA – cross walking codes to CPT/CSSA is not an option currently for the reasons stated in the report
6. Commercial Bargaining Unit

- The SA PPC and SASCI is in the process of considering the formation of a trade union which will engage in collective bargaining with medical funders

- We encourage any members interested in becoming involved as leaders in such an organization to contact us
SA Heart Registry SHARE 1

Chair: Mpiko Ntsekhe  Members: Karen Sliwa, Francis Smit, Adriaan Snydes, Elizabeth Schaafsma (Project Manager), Erika Dau

- Launched TAVI and CDM projects - data collection commenced and database setup consolidated
- 10 of 12 TAVI sites are participating. 71 TAVI procedures captured, 100 patients entered.
- Early SHARE TAVI data was presented at an Investigator’s meeting at AfricaPCR and topics arising from early experience of TAVI data entry were discussed
- 55 patients already captured into CDM, good example of interdisciplinary collaboration
- SA CDM sites will soon be joined by sites in Kenya, Tanzania, and Cameroon once local ethics completed
SA Heart Registry SHARE 2

• Funding obtained to support registries independently, SA Heart financial support limited

• Contracts for SHARE staff updated and brought in line with SA Labour law.

• SHARE I wound down, Surgical databases transferred to new platform on Kontos DB, surgical data extracted and archived.

• 2 new potential SHARE projects have been evaluated – ACS and HF, and currently looking at prospects for CHD, PHT and IE
SA Heart / SASCI STEMI Reperfusion STEMI SA 1

National Champion: Adriaan Snyders

• Updates on this National Project appear regularly in each SA Heart Newsletter

• The project rests on three pillars namely: Education; Networking and Research.

• The educational drive now includes an ECG workshop
  o 50 delegates at each meeting around the country
  o Variety attendees – public/private, cardiologists, allied, emergency
  o instill confidence and enthusiasm in all involved with managing chest pain
  o only possible with the support of industry.
• **Research:**
  - Our current registry running with few cardiologist and hospitals in Pretoria will get impetus with more people joining.
  - Resources are now enhanced with a research assistant assisting our national research coordinator Prof Rhena Delport.
  - We will collaborate our data with a new SHARE ACS software but we also investigate collaboration with STEMI India learning and testing their comprehensive software and device.

• **Building networks** is challenging in a fragmented health care society.
  - Focus is on building local networks and with data and proof of concept will enter into discussion with funders and governmental institution.
SA Heart Journal

Editor: Anton Doubell, sub editor Sandrine Lecour

- Sandrine Lecour’s appointment as Sub-Editor will add a new dimension to the Journal. Sandrine’s portfolio is basic research and improving the electronic footprint and audience of the Journal.

- **Summer issue** – featured an expert review by Eric Eeckhout on paravalvular leaks and excellent local contributions by Tony Dalby and Rajen Moodley on dyslipidaemia and hypertension.

- **Autumn issue** – included two original research reports on referral pathways for reperfusion of a STEMI and a novel cardiology outreach program in the Western Cape.
• **Winter issue** – Philip Herbst introduced novel ideas regarding screening for rheumatic heart disease to compliment an original research report on this topic from Francis Smit and his colleagues from Bloemfontein. The issue also contained excellent contributions on electrophysiology from Ashley Chin and Rob Scott-Millar

• **Spring (Congress) issue** – 55 abstracts presented at the 16th SA Heart Congress featured
SA Heart Newsletter 1

Editor: Adriaan Snyders

SA Heart Newsletter is Published 4 x per annum as part of SA Heart Journal.

Contributions come from all the SIG’s and sometimes branches with the focus on keeping members updated on events, decision, questions, and other matters related to practicing cardiology.

Updated reports on other SA Heart Projects such as STEMI Reperfusion, SHARE and others are also published.
SA Heart Newsletter 2

My role as editor is to invite members and institutions to share their news with the cardiology community. It was never necessary to not accept any contributions for any reason.

It is challenging to write an adequate editorial in the time given between receiving contributions – often late – and the deadline set by the publisher.

I hope you found the information valuable and enjoyed the reading. After 15 years it is only appropriate to step down as editor and allow new energy to uplift the standard.
SPECIAL INTEREST GROUPS & LOCAL BRANCHES OVERVIEW

Presented by Prof. Karen Sliwa
Cardiac Arrhythmia Society of South Africa (CASSA) 1

President: Andrew Thornton

What is new: October 2014 – October 2015

• Clinical Symposia held in Cape Town and Johannesburg in April
  International speakers: Canadians-Martin Green and Andrew Krahn
  Topics included Syncope, Palpitation, Sudden Cardiac Death and Heart Failure.
  240 delegates registered in total, with 150 attending. Feedback from Industry re ROI was positive.

• Completion of accounting audit for prior 3 financial years.

• Corporate Membership fees raised from R35K to R50K in 2015, with 7 paid up industry members.
What is new: October 2014 – October 2015

- Exco meetings were held in February, May and August. Exco members assigned new portfolios of responsibility.

- African chapter of HRS initiated. Industry assisting with contact names in various countries.

- AF Registry project ongoing – Dr Ashley Chin

- Funding of 3 overseas fellows routed through CASSA

- 2 new EP practitioner Accreditations

- Rob Scott Millar’s ECG Atlas of Cardiac Rhythms to be launched at SA Heart
Cardiac Imaging Society of South Africa (CISSA)

CISSA Exco: Mohamed Essop (President), ADoubell(Vice-President), DSmith (Treasurer) DP Naidoo (Secretary), F Peters (Echo), P Herbst (CT), C Libhaber (Nuclear), R Nethononda (CTR)

What is new: October 2014 – October 2015

• Refer Word Report
Heart Failure Society of South Africa (HeFSSA)

HeFSSA Exco: E Klug (President), M Mpe (Vice-President), D Smith (Treasurer) and J Hitzeroth (Secretary)

K Sliwa, T Lachman, A Asherson, M Makotoko, L Steingo, B Cupido and Kemi Tibazarwa

What is new: October 2014 – October 2015

• Practitioners Education 2015 “Women and HF”

• MAG Speaker Engagement and Advisory to Funders (Medscheme)

• HF Smart Phone Application (patient empowerment)

• HF Expert Forums
Lipid and Atherosclerosis Society of South Africa (LASSA) 1

President: David Marais

What is new: October 2014 – October 2015

- **National Council Meeting Durban 16th October 2014.** LASSA to be regarded as special affiliated group of SA Heart

- **SEMDSA-LASSA CONGRESS** 16-19th April 2015, Bloemfontein
  AstraZeneca Publication award (R10 000) Prof D Blom. (Evolocumab Paper in NEJM)
  MSD Travel award (R40 000) Dr A v d Walt
  Pfizer Research award (R40 000) Dr A Della-Lacono. Ezetimibe in hoFH.

- **LIPIDOLOGY COURSE** One day comprehensive course offered by Prof Marais Pretoria and East London (supported by MSD)
What is new: October 2014 – October 2015

THERAPEUTICS Clinics in Cape Town, Johannesburg as well as others are testing MAb to PCSK9 Homozygous FH responding to lomitapide (MTP Inhibitor)

LABORATORY Networking nationally for difficult diagnoses, including FH, Smith Lemli Opitz syndrome FH in ZA: LDLR (87 mutations), apoB (4), PCSK9 (4)
Paediatric Cardiac Society of South Africa (PCSSA)


What is new: October 2014 – October 2015

• World congress legacy projects
  • Information portal with translations in progress
  • Research and Travel fund
  • Pulse-oximetry screening support
• Congress planning
  • 2016: Paediatric programme plus RHD programme
  • 2016: Paediatrics/surgery/RHD/ACHD programme
  • 2017: ACHD, Health systems and RHD programme
• Situational analysis and database of all practitioners
• PASCAR task force
• Further development of website
• Closer collaboration with HSFSA into 2016
South African Society of Cardiovascular Research (SASCAR)

SASCAR EXCO Sandrine Lecour (President), Neil Davies (treasurer), Roisin Kelly, Karen Sliwa, Derick van Vuuren Faadiel Essop

What is new: October 2014 – October 2015

• In 2014 and 2015, SASCAR has reinforced its collaboration with
  - The International Society for Heart Research, European section
  - The European Society of Cardiology

through joint sessions at their annual meetings (FCVB, Barcelona and ISHR, Bordeaux)

• Successful network on Western blotting analysis
South African Society of Cardiovascular Intervention (SASCI)

SASCI Exco: D Kettles (President), F Hellig (Ex-officio President), A Horak (Vice President), C Badenhorst (Treasurer), M Abelson (Secretary), S Khan, M Ntsekhe, C Zambakides, J Vorster, G Angel, JP Theron and D Kerrigan (ISCAP)

What is new: October 2014 – October 2015

- Global Fee / Peer Review Board / Coding Handbook
  Employed assistance for billing queries with Medical Aids
- POPI and Competition Commission
- Specialist Educational Radial, Rota and CTO meetings
- African Outreach through AfricaPCR and Fellows Work
South African Society of Cardiovascular Intervention (SASCI) (2)

SASCI Exco: D Kettles (President), F Hellig (Ex-officio President), A Horak (Vice President), C Badenhorst (Treasurer), M Abelson (Secretary), S Khan, M Ntsekhe, C Zambakides, J Vorster, G Angel, JP Theron and D Kerrigan (ISCAP)

What is new: October 2014 – October 2015

- Fellows – Prof Marco/Pichard, SCAI, RC Fraser etc.
- ISCAP National Lecture Series (5 x in 5 regions)
- STEMI education across RSA / STEMI India and Stent for Life collaboration
Interventional Society of Cathlab Professionals (ISCAP)

ISCAP Exco: Dianne Kerrigan (President), Magdelena Petersen (Vice President), Noelene Nichols, Marisa Fourie, Romy Dickson, Elizabeth Muller, Isabel Bender, Marina Meyer and Ramabai Zwapano.

What is new: October 2014 – October 2015

- Comprehensive Program at both AfricaPCR Course and SA Heart Congress
- ISCAP National Lecture Series (5 meets in 5 regions) based on members needs assessment
- Outreach to outlying labs (fly in delegates from Namibia, Mossel Bay and George)
- Procedure Manual (in planning to be published 2016)
- Synergy Meetings for Industry
Surgical Interest Group of SA Heart

Surgical EXCO Robbie Kleinloog (President), Johan Brink (vice president), Elias Zigiriadis (secretary), Anthony Linnegar (treasurer), Francis Smit, Larry Rampini, Resenga Chauke, Martin Sussman, Richard Schulenberg

What is new: October 2014 – October 2015

The cardiac surgical groups together with the Society of Cardiothoracic Surgeons of SA have in the past year continued to work towards the establishment of

- A visiting surgeons program
- Affiliation with other Societies
- Establishment of exchange programmes
- Organization of the 26th meeting of the World Society of Cardiothoracic Surgeons
- Ongoing negotiation with health funders
Surgical Interest Group of SA Heart (2)

These aims have all been achieved:

• Prof Patrick Perrier undertook a lecture tour on the visiting surgeons programme

• An exchange programme is in place between the South African and Israeli Societies

• A joint session between the Societies and their respective conferences is approved
Johannesburg Branch

- **Co-hosted Prof. Jean Marco with SASCI** (March):
  SASCI 2015 Visiting Professor
  Interactive discussion on STEMI management

- **Annual Fellow’s Cardiology Fellow’s morning** (May):

  Dr Mamokgethi Moshe: “Dysplastic Tricuspid Valve with giant right atrium” - Report on 2 cases

  Dr D. Zachariah: “Between a Clot and a Hard Place”

  Dr G. Mukeshimana: “Time to Lysis”

  Dr B Brits: “Correlation between hepatomegaly and cardiac echo findings”
Johannesburg Branch 2

• In the process of organizing a large symposium on Cardiology funding / Private Practice issues. This will include some of the larger medical aids; legal experts to discuss ongoing issues that affect those in private practice such as the Protection of Private Information act, as well various others.

• We are hoping that the Public Protector, Advocate Thuli Madonsela will agree to speak at our AGM at the end of the year.

• Will award local cardiology fellows a research scholarship of R10 000 after successful application to our committee with a relevant / appropriate protocol. There will be a selection process and we will require ongoing updates regarding these projects. We will also request that fellows present their work at a Branch meeting.

• Johannesburg Branch will be the scientific programme committee for SA Heart Congress 2017
KwaZulu Natal Branch

Highlights: October 2014 – October 2015

• Remains active and vibrant, with 4 academic meetings thus far, the most recent on 8th October when we discussed the topic of “Hyperglycaemia in the ICU + Trends in CV outcomes with new anti-diabetic agents”. The final meeting for the year is scheduled for the 18th November. These meetings are well supported by industry.

• AGM held on 8th October, new office bearers elected for 2016
  • President : Rajen Naidu
  • Treasurer : Jai Patel
  • Secretary : Rob Dyer

• With the existing robust financial status, bolstered by profits from the 2014 national congress, the branch is looking into ways to start a local cath lab registry – focusing initially on the larger group practices – with the aim of contributing to the national registry.
Pretoria Branch

Highlights: October 2014 – October 2015

Iftikhar Ebrahim (Chair), Vice Chair (Vacant) and Treasurer (Vacant)

What is new from PTA Branch? (Oct 2014 – 2015)

1. Active meeting schedule for 2015 with 5 meetings held

2. 3 Meetings for Full Members (cardiologist and surgeons) and 2 meetings for MDT (incl Allied)

3. Funding made available for SA Heart attendance but no applications received
Western Cape Branch

Anton Doubell (President), Johan Brink (vice president), Alfonso Pecoraro (treasurer), Liesl Zühlke (secretary)

Highlights for 2015:

• Inaugural meeting held at Tygerberg Hospital - 4th February 2015
• Meeting at the Christiaan Barnard Transplant museum - 13th May 2015
• Organizing committee for the 2016 SA Heart Congress started their work

Focus for 2016:

• Arranging a world class 17th annual SA Heart Congress

This congress is scheduled to take place in Cape Town from the 8th to the 11th of September 2016 and will be co-hosted with the Congress of the World Society of Cardiothoracic Surgeons
President: Prof. Karen Sliwa

President elect: Dr. Liesl Zühlke

Vice President: Prof. Stephen Brown

Treasurer: Prof. Francis Smit

Secretary: Dr. Sajidah Khan

Chair: Education Committee: Dr. Martin Mpe

Chair: Ethics & Guidelines Committee: Dr Les Osrin

Chair: Fulltime Private Practice Committee: Prof. Andrew Sarkin

Chair: Private Practice Committee: Dr. Jean Paul Theron

Chair: SHARE registry: Prof. Mpiko Ntsekhe

Editor, SA Heart Journal: Prof. Anton Doubell
SA HEART BOARD OF DIRECTORS 2015 - 2016

Prof Karen Sliwa (Ex officio)
Prof Francis Smit (Ex officio)
Dr Sajidah Khan
Dr Belinda Mitchell
Dr Hellmuth Weich
THANK YOU